



# We Deliver!



Limited Delivery Area. \$2.00 Delivery Fee.

**Pick-up • Dine-In • Delivery**



**We cater for all occasions! Call us for your next event!**

**[www.mariasitalianeatery.com](http://www.mariasitalianeatery.com) • (828) 430-7300**

**601 S. Green St. • Downtown Morganton**

## APPETIZERS

### Bread Sticks

Our very own homemade bread sticks baked to perfection. Served with your choice of our zesty tomato sauce or our homemade ranch dressing - **3.99**

### Cheese Sticks

Our fresh baked dough smothered with mozzarella cheese. Served with your choice of our zesty tomato sauce or our homemade ranch dressing.

A cheese lover's delight - **6.99**  
8" - **4.99**

Add a topping - **1.49**

### Spinach & Artichoke Dip

Fresh spinach & artichoke hearts blended with a mixture of cheeses & topped with diced tomatoes & served with croquettes - **7.99**

### Wings

Choice of oven roasted, buffalo or BBQ served with dipping sauce.  
(5) - **4.49** (10) - **8.99** (20) - **16.99**

### Chicken Tenders & Fries - 7.99

### Boneless Bites

Breaded chicken breast bites covered with choice of buffalo or BBQ sauce.  
(10) - **7.49** (20) - **13.99**

### Meatballs

Three of our homemade meatballs in our zesty tomato sauce, sprinkled with Parmesan cheese. - **4.99**

### Italian Sausage

Zesty Italian sausage in marinara sauce with mushrooms & green peppers topped with baked cheese. - **3.99**

### Garlic Bread

Garlic buttered toast baked to a golden brown.  
Small (4) - **2.49** Large (8) - **3.99**

### Cheese Toast

Garlic buttered toast baked with mozzarella cheese.  
Small (4) - **3.99** Large (8) - **6.99**

## SALADS

**Your Choice of Dressings:** *Parmesan Vinaigrette (House), Ranch, Lite Ranch, Blue Cheese, French, Thousand Island, Italian, Fat Free Italian, Honey Mustard, Raspberry, Fat Free Raspberry, Balsamic Vinaigrette, Caesar & Oil and Vinegar.*

### Salad Bar

42 item array of fresh vegetables & seasonal fruits.  
Small - **5.99** Large - **6.99**

### Tossed Salad

Medley of lettuce, tomato & mozzarella cheese.  
Small - **2.99** Large - **6.99**

### Caesar Salad

Crisp Romaine lettuce with fresh grated Romano cheese, croutons & our creamy Caesar dressing on the side - **5.99**

### Chef Salad

Large tossed salad garnished with tomato, cucumber, carrot, turkey, ham & mozzarella cheese - **6.99**

### Greek Salad

Mixture of lettuce, tomato, onion, cucumber, carrot, black olive, pepperoncini, croutons & feta cheese served with our house dressing - **6.99**

### Tuna Salad Plate

Homemade tuna salad served on a bed of lettuce, surrounded by pasta salad, cucumber & tomato - **6.99**

### Antipasto Salad

Lettuce, tomato, onion, mushroom, green pepper, black & green olives, ham & pepperoni topped with mozzarella cheese - **7.99**

### Spinach Salad

Spinach, bacon, eggs, red onion, mushroom & croutons served with raspberry vinaigrette dressing - **7.99**

### Grilled Chicken Salad

Strips of chicken breast garnished with lettuce, tomato, carrot, cucumber, mushroom & pasta - **7.99**

### Chicken Salad Plate

Homemade chicken salad served on a bed of lettuce, surrounded by pasta salad, cucumber & tomato - **7.99**

### Blackened Chicken Salad

Blackened chicken strips served on a bed of lettuce, tomato, carrot, cucumber, mushroom & pasta - **7.99**

### Grilled Chicken Caesar Salad

Crisp Romaine lettuce, fresh grated Romano cheese, croutons & creamy Caesar dressing. Served with your choice of grilled or blackened chicken - **7.99**

## Buffet

Come in and enjoy our daily lunch and dinner buffet featuring a 42-item salad bar, variety of pizzas, breadstix, cinnamon stix and dessert pizzas.

Call for pricing.

**Lunch is 11am-2pm • Dinner is 5pm-8:30pm**

## SUBS

*All cold subs are garnished with lettuce, tomato, mayo, onion, oil & vinegar, oregano & Parmesan cheese. Cold subs can be toasted at your request. All subs are served on your choice of white or wheat roll or tomato basil wrap or spinach wrap. All subs are served with your choice of chips, pasta or potato salad & a pickle. You may substitute an order of French fries for 1.49*

### Cold Subs

#### Ham & Cheese Sub

Ham & cheese - **6.99**

#### Veggie Sub

Onion, mushroom, green pepper, cucumber, black & green olives & cheese - **6.99**

#### Tuna Salad Sub

Homemade tuna salad & cheese - **6.99**

#### Italian Combo

Ham, pepperoni, salami & cheese - **7.99**

#### Turkey Sub

Sliced turkey breast & cheese - **7.99**

#### Chicken Salad Sub

Homemade chicken salad & cheese - **7.99**

#### The Club

Ham, bacon, turkey breast & cheese - **7.99**

### Hot Subs

#### Italian Sausage Sub

Italian sausage covered with zesty marinara sauce & topped with cheese, green peppers, mushrooms, oregano & parmesan cheese - **7.49**

#### Blackened Chicken Sub

Strips of blackened chicken topped with cheese, lettuce, tomato, ranch dressing, oregano & Parmesan cheese - **7.99**

#### Chicken Parmesan Sub

Strips of crispy breaded chicken breast smothered with marinara sauce, cheese, oregano & Parmesan cheese - **7.99**

#### Grilled Chicken Sub

Strips of chicken breast topped with cheese, lettuce, tomato, onion, oil & vinegar, oregano & Parmesan cheese - **7.99**

#### Buffalo Chicken Sub

Strips of breaded chicken breast smothered in buffalo sauce & topped with cheese, lettuce, tomato & ranch dressing - **7.99**

#### Meatball Sub

Homemade meatballs & zesty tomato sauce, topped with cheese, oregano & Parmesan cheese - **7.99**

#### Steak & Cheese Sub

Tender sliced ribeye & sautéed onions topped with cheese, lettuce, tomato, ranch dressing, oregano & Parmesan cheese - **7.99**

#### Philly Steak Sub

Tender sliced ribeye with sautéed onions & peppers, mushroom & cheese - **7.99**

#### Philly Chicken Sub

Grilled chicken breast with sautéed onions & peppers, mushrooms & cheese - **7.99**

## CALZONES

*All calzones come with a small tossed salad with dressing on the side.*

### Calzone

Turnover stuffed with pepperoni & ham, a blend of ricotta, Parmesan & Romano cheeses & spices served with a side of our zesty sauce - **8.99**

### Veggie Weggie

Turnover stuffed with broccoli, onion, mushroom, black olive, roasted red pepper & a blend of ricotta, Parmesan & Romano cheeses & spices served with a side of our zesty sauce - **8.99**

### Five Cheese Calzone

Turnover stuffed with ricotta, Romano, mozzarella, cheddar, Parmesan cheeses, & a blend of spices served with a side of our zesty sauce - **8.99**

### Create-a-Calzone

Choose two pizza toppings & create your own calzone served with side of our zesty sauce - **9.99**

### Chicken Calzone

Turnover stuffed with strips of grilled chicken breast, a blend of cheeses & spices, roasted red peppers, broccoli, mushrooms & onions served with a side of our zesty sauce - **9.99**

### Chicken Spinach Calzone

Turnover stuffed with fresh spinach, strips of grilled chicken breast, a blend of cheeses & spices & a creamy alfredo sauce - **9.99**

### Stromboli

Turnover stuffed with tender sliced ribeye, sautéed onions, zesty sauce, mozzarella cheese & spices topped with more mozzarella & baked to a golden brown - **9.99**

## PIZZA

Original, whole wheat or thin crust.

We also offer an 8", 10", 12" or 14" gluten-free crust for an additional 2.00

### Toppings

Pepperoni, Italian sausage, beef, Canadian bacon, ham, bacon, onion, mushroom, green peppers, black & green olives, spinach, red onion, artichoke, broccoli, tomato, garlic, pineapple, jalapeño, roasted red pepper, banana pepper, anchovy, feta cheese & cheddar cheese, \*chicken, \*blackened chicken, \*meatballs & \*steak.

\*These items will be priced as a double topping.

|                                                                                                                               | Mini 8"     | Small 10"    | Medium 12"   | Large 14"    |
|-------------------------------------------------------------------------------------------------------------------------------|-------------|--------------|--------------|--------------|
| <b>Cheese</b> .....                                                                                                           | <b>4.99</b> | <b>6.99</b>  | <b>8.99</b>  | <b>10.99</b> |
| <b>Each Add'l Topping</b>                                                                                                     | <b>.69</b>  | <b>.99</b>   | <b>1.29</b>  | <b>1.59</b>  |
| <b>Special</b> .....                                                                                                          | <b>5.99</b> | <b>8.99</b>  | <b>12.99</b> | <b>15.99</b> |
| <i>Pepperoni, Italian sausage, green pepper, onion &amp; mushroom (no substitutes)</i>                                        |             |              |              |              |
| <b>Veggie</b> .....                                                                                                           | <b>5.99</b> | <b>8.99</b>  | <b>12.99</b> | <b>15.99</b> |
| <i>Onion, mushroom, green pepper, black olive &amp; tomato (no substitutes)</i>                                               |             |              |              |              |
| <b>Classic</b> .....                                                                                                          | <b>5.99</b> | <b>8.99</b>  | <b>12.99</b> | <b>15.99</b> |
| <i>Pepperoni, beef, Italian sausage, ham &amp; bacon (no substitutes)</i>                                                     |             |              |              |              |
| <b>Deluxe</b> .....                                                                                                           | <b>7.99</b> | <b>10.99</b> | <b>13.99</b> | <b>17.99</b> |
| <i>Pepperoni, Italian sausage, beef, ham, bacon, onion, mushroom, green pepper, black &amp; green olives (no substitutes)</i> |             |              |              |              |

## SPECIALTY PIZZA

| Mini 8"     | Small 10"   | Medium 12"   | Large 14"    |
|-------------|-------------|--------------|--------------|
| <b>6.49</b> | <b>8.99</b> | <b>11.99</b> | <b>14.99</b> |

### White Pie

Our most popular pizza. Alfredo sauce, mozzarella & Romano/Parmesan blend.

### BLT

Pizza with bacon & mozzarella topped with mayo and cool lettuce & tomatoes.

### Mac & Cheese

Kids of all ages love this one. Alfredo sauce, Penne noodles, cheddar & mozzarella cheeses.

### Bacon Cheeseburger

Ketchup/mustard sauce with bacon, beef, cheddar & mozzarella cheeses topped with cool dill pickles.

## GOURMET PIZZA

| Mini 8"     | Small 10"    | Medium 12"   | Large 14"    |
|-------------|--------------|--------------|--------------|
| <b>7.99</b> | <b>10.99</b> | <b>13.99</b> | <b>17.99</b> |

### Maria's Greek

Thin crust with homemade sauce, spinach, mushrooms, tomato, black & green olives, red onions, feta cheese, banana peppers, olive oil, oregano & mozzarella cheese.

### Taco

Our thin crust covered with salsa & topped with cheddar & mozzarella cheese, taco seasoned meat, red onions, jalapeño & black olives.

### Blackened Chicken

Our homemade crust covered with a creamy Cajun sauce, topped with fresh blackened chicken, roasted red peppers, red onions, mushrooms, broccoli & mozzarella cheese.

### Buffalo Chicken

Our homemade crust covered with buffalo sauce, grilled chicken breast, red onions, mozzarella, feta & cheddar cheeses.

### BBQ Chicken

Our Homemade crust covered with a tangy BBQ sauce, grilled chicken breast, red onions, mozzarella & cheddar cheeses.

### Steak & Cheese

Our homemade crust topped with alfredo sauce, steak, green peppers, onions & mozzarella cheese.

### Chicken Florentine

Our homemade crust covered with our creamy alfredo sauce, Parmesan/Romano blend, chicken, spinach, mushrooms, red onions & mozzarella cheese.

### Spinach Artichoke

Our homemade crust topped with spinach artichoke sauce, grilled chicken, mozzarella cheese, a Parmesan/Romano blend & diced tomatoes.

### Hawaiian

Our homemade crust topped with pineapple, bacon, Canadian bacon, mozzarella & cheddar cheeses.

## PASTA

Pasta dinners are served with our freshly baked garlic bread & a small tossed salad or add a Caesar salad for 1.00 or add the salad bar for an additional 2.99

### Specialties

#### Spaghetti with Meat or Marinara Sauce

Your choice of our homemade meat sauce made with ground chuck, crushed tomatoes, onion, green peppers & mushrooms or our marinara sauce seasoned just right & served atop a bountiful portion of spaghetti - **8.99**

#### Baked Ziti

Tender pasta tubes smothered with your choice of our zesty marinara or our homemade meat sauce topped with mozzarella cheese and baked to perfection - **8.99**

#### Fettuccine Alfredo

Tender egg noodles tossed in a creamy sauce of fresh grated cheese, real cream & butter - **9.99**

#### Lasagna

Prepared from scratch with layers of ricotta, Romano, parmesan, mozzarella, Cheddar, noodles & spices. Choose from a variety of sauces (Choose from Meat, Cheese, Veggie, White or Florentine) - **10.99**

#### Blackened Chicken Pasta

Blackened chicken in a spicy Cajun cream sauce with broccoli, carrots, roasted red peppers, mushrooms & penne pasta - **11.99**

#### Chicken Alfredo

Tender egg noodles tossed with strips of grilled chicken breast, a creamy sauce of fresh grated cheese, real cream & butter - **11.99**

#### Chicken Artichoke Pasta

Fresh spinach & artichoke hearts blended with a mixture of cheeses & tossed with penne pasta & grilled chicken, then topped with fresh diced tomatoes - **11.99**

#### Manicotti

Tender pasta tubes stuffed with a blend of mozzarella, ricotta, Romano & Parmesan cheese, covered with your choice of meat or marinara sauce, then baked with mozzarella - **10.99**

#### Baked Ravioli

Pasta pillows stuffed with cheese & smothered with your choice of zesty marinara or our homemade meat sauce, topped with mozzarella cheese & baked to perfection - **10.99**

#### Baked Spaghetti with Italian Sausage

Our Italian sausage served over a generous portion of spaghetti covered with mushrooms, onions & green peppers, then topped with marinara sauce & baked with mozzarella Cheese- **10.99**

#### Baked Spaghetti with Meatballs

Our homemade meatballs are served with a generous portion of spaghetti & meat sauce, then baked with mozzarella cheese - **10.99**

### Chicken

#### Chicken Parmesan

Spaghetti noodles topped with crispy breaded chicken breast, marinara sauce & baked with mozzarella cheese - **11.99**

#### Chicken Primavera

Fresh vegetables tossed with penne pasta, a creamy white sauce & strips of grilled chicken breast - **11.99**



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### 2-Topping Pizza & Stix

(Choose from Bread Stix or Cinnamon Stix)

**Medium 13.99 • Large 16.99**

### 3-Topping Pizza & 2-Liter Pepsi

**Medium 13.99  
Large 17.99**

### 1-Topping Pizza & Cheese Stix

**Medium 16.99  
Large 18.99**

### 1-Topping Pizza & Wings

**Medium 17.99  
Large 19.99**

## DESSERTS

### Dessert Pizza

Peanut Butter, Chocolate, Bavarian Cream, Blueberry, Strawberry, Cherry or Lemon. Mini 8" - **3.99** Small 10" - **6.99** Medium 12" - **8.99**

### Cinnamon Sticks

Our homemade bread sticks baked to perfection & covered with cinnamon & sugar glaze. **3.99**

### Plain Cheesecake

**3.99** | Add fruit topping: cherry or blueberry - **.99**

### Cheesecake

Cheesecake of the day - **4.99**

## BEVERAGES

Pepsi, Diet Pepsi, Cherry, Mountain Dew, Diet Mountain Dew, Dr. Pepper, Sierra Mist, Sweet & Unsweet Tea, Decaffeinated Sweet & Unsweet Tea, Lemonade - **1.89**

**Milk - .99**

**Chocolate Milk - .99**

**Gallon**

Tea & Lemonade - **5.99**

**2 Liter**

Pepsi, Diet Pepsi, Mountain Dew - **2.59**

## LUNCH

**Lunch menu available Monday - Saturday, 11:00am - 4:00pm**

**Daily lunch buffet offered 11:00am - 2:00pm • Featuring a 42-item salad bar, variety of pizza, bread sticks & dessert pizza**

*See dinner menu for expanded descriptions of lunch items. Prices for all appetizers, salads, hot/cold subs & pizzas are the same as on the dinner menu.*

### Specialties

*All of the lunches are served with our freshly baked garlic bread and a small tossed salad or add a Caesar salad for 1.00. Mozzarella cheese can be added to your entrée and baked at an additional charge of 1.00. Add fresh vegetables (broccoli, mushrooms, carrots and roasted red peppers) to your entrée for 1.00. Add Chicken to your entrée for 1.99.*

**Spaghetti with Meat or Marinara Sauce - 6.99**

**Manicotti - 7.99**

**Baked Ziti - 6.99**

**Baked Ravioli - 7.99**

**Fettuccine Alfredo - 7.99**

**Baked Spaghetti with Italian Sausage - 7.99**

**Lasagna - 7.99**

(Choose from Meat, Cheese, Veggie, White or Florentine)

**Baked Spaghetti with Meatballs - 7.99**

### Chicken

**Blackened Chicken Pasta - 8.99**

**Chicken Parmesan - 8.99**

**Chicken Alfredo - 8.99**

**Chicken Primavera - 8.99**

### Calzones

*All calzones are served with a choice of small tossed salad or add a Caesar for 1.00*

**Calzone - 7.99**

**Chicken Calzone - 7.99**

**Veggie Weggie - 7.99**

**Chicken Spinach Calzone - 7.99**

**Five Cheese Calzone - 7.99**

**Stromboli - 7.99**

**Create-a-Calzone - 7.99**



601 S. Green Street  
Morganton, NC 28655

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# All of Our Sauce & Dough is Made Fresh Daily!

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